



National Sports Medicine Champions Crowned

By American Academic Competition Institute

The American Academic Competition Institute (AACI) is pleased to announce the results of the Inaugural National High School Sports Medicine Championships that took place on May 21, 2012. The goal of the AACI is to give students from across the nation an opportunity to excel in their chosen areas of study through online competition and testing. AACI developed the online National High School Sports Medicine Championships to help test and celebrate high school students' Sports Medicine/Athletic Training knowledge.

In an effort to reduce the high costs of creating a national championship, and in order to ensure that all qualified participants have the opportunity to compete at the national level, AACI created a unique online event to challenge the minds of high school students. Schools that competed in a state/regional sports medicine competition and placed in the top 10 in their division were eligible to participate in this National Sports Medicine Championship Competition. In addition, individual students from schools that did not place in the top 10 of their divisions can also compete if they placed in the top 25 individual finishers of their state/regional competition.

TEAM STANDINGS

CRAMER DIVISION FINAL NATIONAL STANDINGS

1. Wenatchee High School (Wenatchee, WA): Cramer Division National Champions
2. Valencia High School (Valencia, CA)
3. Culver City High School (Culver City, CA)
4. Monte Vista High School (Danville, CA?)
5. Palm Springs High School (Palm Springs, CA)

JAYBIRD & MAIS DIVISION FINAL NATIONAL STANDINGS

1. La Canada High School (La Canada, CA): Jaybird & Mais Division National Champions
2. Coronado High School (San Diego, CA)
3. Reedley High School (Reedley, CA)
4. North Kitsap High School (Poulsbo, WA)
5. Yelm High School (Yelm, WA)

ALERT SERVICES DIVISION FINAL NATIONAL STANDINGS

1. St. Francis High School (La Canada, CA): Alert Services Division National Champions
2. Blue Valley C.A.P.S.
3. Rosary High School
4. Olympic High School
5. Maranatha High School (Pasadena, CA)

Endorsed by: Cramer Sports Medicine International, Jay Birds & Mais, Alert Services, Inc., & AACI – H.C.LLC

Presented by: AACI- H.C. LLC

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AACI NATIONAL CHAMPION

*Top 5 Team scores from all divisions

- | | |
|---|---------------------------------|
| 1. Wenatchee High School (Wenatchee, WA): | 74.822 –National Grand Champion |
| 2. St. Francis High School (La Canada, CA): | 74.032 |
| 3. Valencia High School (Valencia, CA): | 73.903 |
| 4. Culver City High School (Culver City, CA): | 72.006 |
| 5. La Canada High School (La Canada, CA): | 71.006 |

INDIVIDUAL STANDINGS

Teams: Teams consisted of no more than 15 no less than 8 students from the school. The Top 11 scores were utilized to create a "Team Average" for the school competing. If a school competed with 8-11 students, the average of those students was utilized to create the overall team average.

Students: All students, whether competing as part of a team or not, were eligible for individual awards.

Divisions: Schools were separated into one of 3 divisions by the number of registered students at their school:

Cramer Division- Schools with 2000+ Students

Jaybird & Mais Division- Schools with 1999- 1000 students

Alert Services Division- Schools with 8-999 students

Testing: The National Championships Exam consisted of a 250 question online exam administered via computer over a 2 hour block of time on May 21, 2012. All questions were either: True/ False, multiple choice, matching, or identification format.

Questions were derived from the following areas of sports medicine:

1. First Aid & CPR (new BLS standards)
2. Emergency Procedures
3. Medical Terminology, Body Planes, Directions, appropriate terms etc.
4. Legal Issues – Terminology (i.e. malfeasance, negligence etc.)
5. Physiology
6. Anatomy/Evaluation Techniques for the following locations:
 - Foot
 - Ankle
 - Lower Leg
7. Soap Notes & HIPS format will primarily be used during the appropriate questions.
8. Anatomic Questions, Special Test Questions, ROM questions will consist of major structures or structures that are more commonly seen injured in sports, including nerves, myotomes, dermatomes, etc.
9. The Video Practical (*Only administered to Top 10 Individual Student Finalists)

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The Video Practical: Within 10 days of taking the written exam, the students with the 10 highest point totals on the exam in each division will be required to take a “Timed” 30 minute practical via FaceTime or Skype. This video practical will be coordinated via a representative of the AACI and the student's instructor. The Video Practical Exam will be judged by an ATc, with experience teaching at the high school/collegiate level. The Video Practical will consist of 5 practical applications, verbally announced to the student & his/her instructor during the video practical. A list of equipment and supplies needed during the video practical will be made available to the instructor 24 hours prior to the video exam via email. The Top 10 finalist rankings will be determined by a combination of their Written Exam plus their Video Practical Exam scores.

Team Awards: The top team average in each division will be named “National Champion of the Division” and will receive the National Championship Trophy. The Runner-Up through 5th place will also receive awards stating their schools’ rankings for the 2012 Championships.

Individual Awards: The students with the 25 highest point totals in each division will be named “High School All-Americans” for their division. They will receive an award stating their name, division and their “All-American Ranking” for the 2012 National Championships.

College Scholarships: The students with the 3 highest point totals for each division will receive a college scholarship award provided by the division’s sponsor.