



National Sports Medicine Champions Crowned

By American Academic Competition Institute

The American Academic Competition Institute (AACI) is proud to announce the results of the second annual National High School Sports Medicine Championships, which took place on May 20, 2013. AACI's goal is to give students from across the nation an opportunity to excel in their chosen area of study via an online competition. AACI developed the online National High School Sports Medicine Championship to help test and celebrate students' knowledge in Sports Medicine & Athletic Training.

In an effort to reduce the high costs of creating a national championship, and to ensure that all qualified participants have the opportunity to compete at the national level, AACI is created a unique online testing application. Eligible schools were those who had placed in the top 10 (of their respective division) at any regional Sports Medicine Competition. Should a school not qualify, students from the school could compete as individuals if their score in a state or regional competition was in the top 25 individual scores.

TEAM STANDINGS BY DIVISION

CRAMER DIVISION NATIONAL TEAM STANDINGS

1. Culver City High School (Culver City, CA): Cramer Division National Champions
2. Wenatchee High School (Wenatchee, WA)
3. Valencia High School (Valencia, CA)
4. Dougherty Valley High School (San Ramon, CA)
5. Palm Springs High School (Palm Springs, CA)

JAYBIRD & MAIS DIVISION NATIONAL TEAM STANDINGS

1. Issaquah High School (Issaquah, WA): Jaybird & Mais Division National Champions
2. La Canada High School (La Canada, CA)
3. Monte Vista High School (Danville, CA)
4. Northwest Career & Technical Academy (Las Vegas, NV)
5. Coronado High School (San Diego, CA)

ALERT SERVICES DIVISION NATIONAL TEAM STANDINGS

1. St. Francis High School (La Canada, CA): Alert Services Division National Champions
2. Servite High School (Anaheim, CA)
3. Blue Valley C.A.P.S. (Blue Valley, KS)
4. St. Augustine High School (San Diego, CA)
5. Olympic High School (Bremerton, WA)

Endorsed by: Cramer Sports Medicine International, Jay Birds & Mais, Alert Services, Inc., & AACI

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OVERALL TEAM STANDINGS

AACI NATIONAL TEAM CHAMPIONS

*Top 5 Team scores, regardless of division

1. Culver City High School (Culver City, CA): 78.26 - National Grand Champion
2. Wenatchee High School (Wenatchee, WA): 76.83
3. Valencia High School (Valencia, CA): 75.35
4. Issaquah High School (Issaquah, WA): 74.36
5. St. Francis High School (La Canada, CA): 71.54

INDIVIDUAL STANDINGS BY DIVISION

CRAMER DIVISION NATIONAL INDIVIDUAL STANDINGS

1. Daniel Poulson, Wenatchee High School (Wenatchee, WA)
2. Alex Munoz, Culver City High School (Culver City, CA)
3. Kimberly Willis, Wenatchee High School (Wenatchee, WA)

JAYBIRD & MAIS DIVISION NATIONAL INDIVIDUAL STANDINGS

1. Madison Wernik, Issaquah High School (Issaquah, WA)
2. Ashley Hoffman, Issaquah High School (Issaquah, WA)
3. Shelby Parthemer, Issaquah High School (Issaquah, WA)

ALERT SERVICES DIVISION NATIONAL INDIVIDUAL STANDINGS

1. Ryan Shanks, Servite High School (Anaheim, CA)
2. Brett Homer, St. Francis High School (La Canada, CA)
3. Brian LaPlante, Servite High School (Anaheim, CA)

COMPETITION DETAILS

Teams: Each team consisted of between 8 and 15 students; the top 8 scores were averaged to create the Team Average. Raw scores were used to rank individual students.

Students: All students, whether competing as part of a team or not, were eligible for individual awards.

Divisions: Schools were separated into one of 3 divisions by the number of registered students at their school:

Cramer Division- Schools with 2000+ Students

Jaybird & Mais Division- Schools with 1999- 1000 students

Alert Services Division- Schools with 8-999 students

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Testing: The exam itself consisted of 253 questions in three sections, administered over a 2-hour time block at each individual school. Question types were: True/False, Multiple Choice, and Identification. Proctors were supplied by the school. Topics covered:

1. First Aid & CPR (new BLS standards)
2. Emergency Procedures
3. Medical Terminology, Body Planes, Directions, appropriate terms etc.
4. Legal Issues – Terminology (i.e. malfeasance, negligence etc.)
5. Physiology
6. Anatomy/Evaluation Techniques for the following locations:
 - Upper Leg
 - Knee
7. Soap Notes & HIPS format were used in appropriate questions.
8. Anatomic Questions, Special Test Questions, ROM questions consisted of major structures or structures more commonly seen injured in sports, including nerves, myotomes, dermatomes, etc.
9. The Video Practical was administered to the top 10 Individual Student Finalists.

The Video Practical: For the 10 highest individual raw scores in each division, a 30-minute practical exam was administered via FaceTime or a similar collaboration tool. The video practical was observed and graded by an ATc (Certified Athletic Trainer) with experience teaching at the high school level. The practical consisted of 5 applications of sports medicine skills, evaluated in real-time. The video practical score was combined with the raw score, creating the top ten individual placements in each division.

Team Awards: The top team averages in each division were named National Champions of the Division, and received a National Championship Trophy. Second through Fifth place teams also received awards.

Individual Awards: Students with the top 25 raw scores in each division were named High School All-Americans for their respective divisions. Each received an award certificate with their ranking.

College Scholarships: Three students in each division with the highest combined scores will receive a college scholarship provided by the division sponsor.

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